

A LONG TALK

ABOUT THE UNCOMFORTABLE TRUTH

The Frontline

Alongtalk.com

Volume 22 (October)

[Mental Health, The Black Family, and Voting](#)

The Frontline is back! Charge it to our heads and not our hearts. We've missed feeding our following. Enjoy Volume 22.

A Long Talk Family-

There are many intersections of the human experience that include race, sexual orientation, family history, gender identity, and culture. In this edition of The Frontline, we are providing information and resources to support these varying dynamics that make us all connected in sharing the human experience. We encourage you to use this information as a launch pad to a deeper dive you can make into these topics and people that have significantly shaped our world and culture.

We would be remiss if we didn't comment on the most recent Roe v. Wade decision by the Supreme Court. What is up with this Roe v. Wade decision? Why is it so important for the Supreme Court to flex its legislative muscle at this point and time in history on this issue? Why now?! We've just had the first African American woman appointed to the court, and right before she gets sworn in, the court takes away a woman's right to choose. Is white supremacy, also known as right-wing extremism, sending a message that they still call the shots and aren't going anywhere any time soon? Is white supremacy taking preventive actions to protect its numbers? In a research study conducted by the Pew Research Center in March of this year, 61% of Americans are in favor for legal abortions. If the people are for it, how can we act against it? I find it hard to believe that "the sanctity of life" is the motivation for this national movement, considering that the NRA gun lobby still has enough juice in Washington to stop safer gun laws from being passed. The number of mass shootings and unarmed citizens murdered by police is at epidemic proportions now, with no signs of slowing down. Not to mention the American women - and families who support them - who are now traveling across the border to Mexico to handle their medical needs. This decision is now taking money and resources out of the national economy while stripping women of their right to choose. Seriously, where are we living right now? The supreme court will not make it harder to take Black and Brown lives, but it will protect unborn white lives at all costs; it sounds like par for the course. Keep your eyes open, citizens! The "land of the free" could disappear right before your rights...I mean, eyes.

~A Long Talk



James Baldwin

James Baldwin is one of the most important voices in American history. His activism and support of human rights significantly changed the landscape of America and put a new face at the forefront of the struggle for equality for Black Americans and the LGBTQ community.

[Click the image to Learn More](#)



Mental Wealth Alliance

The Mental Wealth Alliance created by Charlamagne Tha God is designed to destigmatize, accelerate, and center state-of-the-art mental health outreach and care while building a long-term system of generational support for Black communities.

Click the image to learn more.

Pillars Of Change

Pillars Of Change (POC) 2022 Meet Up Calendar

November 7, Wealth and Equity Meet Up #2 - 8:00-9:30pm EST

December 5, Wealth and Equity Meet Up #3 - 8:00-9:30pm EST

Current Events



Simone Biles and Naomi Osaka are leaders in breaking the stigma around athletes and mental health. [THIS](#) article highlights some of the athletes at the forefront of this conversation.

Click the image to learn more.

[Summertime](#)
[DJ Jazzy Jeff and the Fresh Prince](#)

History Matters



James Baldwin discusses Civil Rights in this very interesting interview.

Click the image to learn more.



It was once hypothesized that "Blacks are immune to mental illness." White supremacy has played a role in the lack of mental health in the Black community.

Click the image to learn more.

Culture Corner



Joan Trumpauer Mulholland

This southerner joined the civil rights movement and participated in Freedom Rides and Sit-ins. Take time to see her story in the documentary, [An Ordinary Hero](#), currently on Amazon Prime Video.

Click the image to learn more.

Rock the Vote



Voting Rights Heroes