

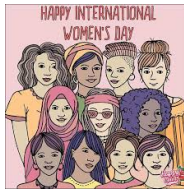
A LONG TALK

ABOUT THE UNCOMFORTABLE TRUTH

The Frontline

Volume 7 (March - Women's History Month)

Warrior Women To The Front!



We are mothers, sisters, daughters, aunts, grand- and great-grandmothers. We are freedom fighters, revolutionaries, and history makers. In our global society, women are still too often viewed as less than desirable for high profile, high impact occupations, and all too suitable for deferential, acquiescent roles. Yet we are weaving our “sistamagic” all through this land just as surely as we have been taught through centuries of vigilance and fortitude by the women who came before us.

Women have been on the frontlines waging war daily against sexism, racism, ageism, and other loosely-crafted ideals that force us into seemingly incongruous representations of ourselves. In reality we are perfect humans, imperfect by nature, with formidable strengths, fiery passions, and fierce intellects that have shaped not only our homes and families but also thriving empires around the globe.

Women's strength lies in having to navigate the many conflicting images and paradoxical notions society would have us believe through media and the intentional omission of certain narratives instead of living our own individual and collective truths. The status quo would have women quietly soothing the world's wounds from the reckless actions of the very system that seeks to keep us invisible. Believing in who we are at our core and trusting in our worth is the greatest power women can wield.

Every time a woman chooses to be her full self and not a diminished version of her truth, she is a WARRIOR. We are the whisper of hope in the freedom song. We are the knife at the throat of our oppressors. We are the shoulders to stand on, to cry on, and together we can move mountains.

Like Black History Month, Women's History Month is a 365-day affair. No matter the space you occupy, celebrate the women in your lives in regal grandeur! Acknowledge the small moments and the triumphant wins! Bear witness to the moments of

brave, be beautiful, and be unapologetically women, this month and every day. We are the storm...and our ancestors are listening.

~Tanya

A Long Talk



Create & Cultivate

A Modern Media Company for Working Women

Did you know that in the past year, an average of over 1800 new businesses were established per day by women? 89% of these new businesses are owned by women of color, and created during a global pandemic no less! In the last 5 years, largely due to job insecurity, and gender and racial pay gaps, Black women in particular have taken advantage of their “side hustles” and have turned them into lucrative opportunities to provide goods and services to the community while also building personal wealth.

Click the image to check out this article for Black Women-Owned businesses you can support across a wide range of industries.



Noni Malene (No-nee Mah-lay-nay)

Wearehealthyaf.com

Meet Noni, the 8 year old Health and Wellness superhero. She is super smart, spunky, and all about encouraging people-especially children-to develop healthy habits. Playing outside with friends and spending time in her garden are her favorite hobbies.

Click the image to visit the website to learn about this one stop shop for resources and “real talk” for women regarding nutrition, wellness, and living a healthy lifestyle.

The feeling you get when you see a woman who you've known since she was 8, introduce her 8 year old self to the world to help save the children. Congrats to my home girl Noni. Plainfield, NJ is proud of you. ~Kyle Williams



Rahman Branch

A dynamic and passionate trailblazer in leadership and equity, Rahman Branch has built an illustrious career by helping C-suite executives, educational leaders, and government agencies unlock their transformative power"

To learn more about Rahman, click the image to visit his website.

For the last 20 years, I've witnessed "Big Rock" speak truth to power in order to facilitate positive change. It's an honor to work side by side with him as an integral part of the A Long Talk formula as he leads the development of the American Anti-Racism Alliance.

-Kyle Williams

Upcoming Events:

Movie Mixer Series

Friday, March 12 @ 7:00pm EST

[The United States vs. Billie Holiday](#), starring Andra Day

[Zoom Link](#)

Movie Mixer Series

Friday, March 26 @ 8:00pm EST

[Coming 2 America](#), starring Eddie Murphy

[Zoom Link](#)



The Frontline would like to give a shoutout to the Atlanta Suzuki Institute for their participation in A Long Talk About the Uncomfortable Truth and their commitment to being active Anti-Racists.

Click the image to visit their website and read their powerful mission statement.

Culture Corner



Click the image to see the trailer for





Jamila Woods is a *Black Girl Soldier* with a soulful voice and empowering message. Click the image for the video and [HERE](#) for the song with the lyrics.

Billie Holiday movie starring Andra Day on HULU.

Click the image to learn about filmmaker Shataria Michelle Ford and her movie *Test Pattern*. She is unapologetic about telling stories from a Black point of view.

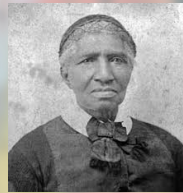
State of the Union

Current Events

History Matters



Carolyn Brady made history as the first black woman to win the title of Miss Maine. Now, the talented violinist is using her platform to support Black businesses.



Click the image to learn about freed slave, Clara Brown, who established a successful laundry business during the Colorado Gold Rush. She was a black pioneer, the first African American woman in Denver, a community leader and philanthropist.



Click the image to learn about the WNBA players' fight for equal pay.



Click the image to learn more about the real women depicted in the movie *Hidden Figures*.

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